



The Great Pumpkin Run

Langdale United Methodist Church

www.lumchurch.com

6301 20th Avenue, Valley, AL 36854



10.5K begins at 8:00 a.m.

1 Mile Fun Run begins at 9:45 a.m.

5K begins at 10:00 a.m.

10.5K 5K 1 Mile Fun Run
Saturday, October 16, 2010

All times are Eastern Standard Time
Packet Pickup Begins Race
Morning at 7:00 a.m.

The Great Pumpkin Run benefits the Meagan Bonner Scholarship Fund. Meagan Elizabeth Bonner was in the 4th grade at Fairfax Elementary School when she was diagnosed with cancer. She brought joy to everyone who knew her and lived life to the fullest. Had Meagan won her battle with cancer, she would be a senior at Valley High School and a member of the Class of 2011. Therefore, this run will be dedicated to her memory and all those whose lives have been touched by cancer.

THE COURSE: Scenic Rails to Trails running path near Langdale United Methodist Church. It is a fairly flat and fast course.

DIRECTIONS TO RACE: From I-85, take Exit 77 and travel east on Fob James Drive. Travel approximately 2.5 miles and turn right onto 20th Ave (US Hwy 29). Travel approximately 0.4 miles. Langdale United Methodist Church will be on the left.

AWARDS: Awards will be given out to the top three male and female in each age group: 9-under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

REGISTRATION INFORMATION: Entry fee is \$20.00 in advance (until 10/9/10) and \$25.00 after and on race morning. There is a family cap of \$80.00. Runners running in the 10.5 K and 5K will only be \$30.00. Registration forms may be printed and turned in at the Church Office, mailed or completed online at Active.com at http://www.active.com/event_detail.cfm?event_id=1877007

10.5 K begins at 8:00 a.m., 1 Mile Fun Run begins at 9:45 a.m., and 5K begins at 10:00 a.m. All times are Eastern Standard Time. Awards will be given following the 5K race. Each pre-registered entrant receives a T-shirt (race day entrants will receive a shirt until we run out) and goody bag. Entrants running in both the 10.5 K and 5K will only receive one shirt. Please stick around after the race for a fundraiser hamburger lunch that will also benefit the Meagan Bonner Scholarship Fund.

NAME _____ PHONE NUMBER _____
ADDRESS _____
CITY, STATE, ZIP _____ T-shirt size: YS YM YL S M L XL XXL
DATE OF BIRTH _____ AGE ON 10/16/10 _____ SEX M _____ F _____

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able. In consideration of your accepting my entry, I assume all risks associated with running in this event, including but not limited to falls, contact with participants, effects of the weather, conditions of the road, all such risks being known by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I hereby waive and release Langdale United Methodist Church, The Great Pumpkin Run organizers, all sponsors, their representatives, and successors from any liabilities of any kind arising out of my participation in this event. I grant permission to the foregoing to use any photographs, motion pictures or any other record of this event for any legitimate purpose. No dogs or other animals allowed.

DATE _____ SIGNATURE (PARENT OR GUARDIAN IF UNDER 18) _____

Check should be made to: **LUMC**
Mail to: LUMC Great Pumpkin Run
PO Box 185
Valley, AL 36854
Entry Amount: \$ _____ 10.5 K 5K 1 mile
Phantom Runner: Y or N
Phantom runners are people who support the race and want a t-shirt, but do not wish to run.

Additional donation: \$ _____
*Additional donations are tax deductible and a letter will be sent to you indicating your donation.

Need More Info? Please Contact: Kevin Pigg kevinpigg@woodrealestate.net 706-773-0621